





# and Postpartum L



With the expectation of a healthy outcome and baby(ies) already in place, my goals for this birth are:

Please let us know if you have preferences/traditions that are important to you during childbirth, and what we can do to accommodate these needs.

Please describe any other information about labor and birth, or other information that will help us provide the best possible care to meet your individual needs.

I have discussed my labor and birth preferences with my provider during prenatal care visits. I recognize that my preferences and wishes may change over time and may need to change if medical needs arise in order to ensure a safe and healthy birth for my baby and me.

# A PLANTO GUI